



Mind as a Radio

A senior research scientist at IBM has demonstrated scientifically that the energy which accompanies the process of thought can actually be measured. The discovery of thought energy by Marcel Vogel, a chemist who is a pioneer in luminiscence technology, suggest a view of mind as not located in our physical body but rather in the energy field which surrounds us.

Vogel, who is with IBM Research Laboratories in San Jose, Calif. measured this thought energy in experiments involving plants (philodendrons) and his own thought processes. He describes his experiment, which has been repeatedly duplicated, as follows:

"The plant is connected by an electrode to a recording device and sealed off in a case away from me. Then I focus a thought on the plant, marking the time. The recorder picks up signals from the plant, and that signal is the energy of thought."

A few months ago, Vogel visited the Bose Institute of Research in Calcutta, India, where he observed experiments which involved how mind energy affects plant growth. The scientists there used a recording cresograph to chart the growth rates of a plant—in this case, a blade of grass.

The blade of grass was sealed off in a glass chamber and Vogel and his scientific colleagues could look on, but not physically interfere. Vogel reports:

"We watched the machine plot a growth curve of this plant, a curve that would be considered 'normal' in comparison to other growth rates. As I watched, I suddenly decided to focus my mind on that blade of grass. I exhaled quickly. The plant's growth accelerated.

"In other words," Vogel goes on to say, "the energy from my mind went out into the plant and that mind energy caused the normal growth rate to change."

When Vogel focused his mind on the plant, the recorder indicated an accelerated rate; when the chemist released his breath, the recorder jumped to a much higher point on the graph and continued to plot a curve from that higher point. In other words, it just totally exceeded the normal growth rate and began a new curve at a much higher point.

"The whole rate of growth of that plant was modified by the thought energy," according to the scientist.

Vogel's explanation of how this mental energy can be directed is that we are surrounded by an energy field. When this energy is focused and directed it becomes like a broadcasting or receiving station.

In an interview at the Yoga Retreat at Nassau in the Bahamas, Vogel explained in terms of Indian Vedanta philosophy how "the mind's broadcasting system" functions:

"The energy of the mind can be focused through any of the six chakras [astral centers located in the spine; storage areas of pranic energy]. It is very common to talk about focusing the mind through the ajna chakra or what is called "the third eye" which is related physiologically to the body's autonomic nervous system and is situated in the space behind the eyebrows. Mental energy can have various shapes and forms depending on the directional agent one uses—the third eye, the solar plexus, or one of the other chakras."

How does one person set about communicating with another even though they may be thousands of miles apart? Vogel claims that while he is in California he is able to "tune in" to Swami Sivananda when the Swami is in New York. He likens this type of communications which he says he and some others can practice as "rather like a radio set."

The IBM chemist who is well known for his

research in liquid crystals, optical microscopy and magnetic films, says that first you must get the mind energy pulsing in a coherent form, that is, in the form of a wave. To increase the energy, you mentally visualize and direct your thought, and then send the thought with an abrupt release of breath. This causes the energy to become linear and one-pointed instead of transverse and wavy and thus the power is accelerated. He outlines the method as follows:

"For example," he continues, "if I want to communicate with you, directing it through the third eye, I first take a deep breath and hold it and create an image or picture of you in mind. As soon as I mentally 'see' that image, I focus intently on it and then release the image, the thought energy, with a sudden release of breath. The energy of that thought, of that mental image of you, links up to you."

Vogel emphasizes that his experiments with men-plant communication and energy transference are evidence that a mind can act like a radio set. If we are tuned into the proper resonant frequencies we can even receive messages from more "advanced intelligences" who are not earth-bound, he claims. These entities have vibration rates at a very high level and include teachers who are no longer in their physical bodies and our Guardian Angels, according to Vogel.

"As we raise our level of attunement," the IBM chemist says, "we find it easier to get in touch with these teachers; we need but to ask and the answer comes through." □

Edith Kermit Roosevelt is a Washington based journalist who frequently writes on health policy.